

Dear Plan Members



Your benefits plan is built on more than coverage — it is built on care, connection, and support.

This month, we are sharing helpful updates, practical reminders, and new resources designed to make information easier to access.

From website improvements and member resources to new ways of staying connected, each story in this edition reflects one goal: helping you better understand and make the most of your benefits.



In this newsletter you will find:

Helpful updates, member resources, important reminders, and more.
Keep reading!

New Form Available: Brand Name Drug Coverage Requests

MEMBERS CAN NOW FIND THE REQUEST FOR BRAND NAME DRUG COVERAGE FORM ON THE WEBSITE.

WHAT IS THIS FORM FOR?

To support cost-effective care, the plan generally covers the lowest-cost alternative or generic equivalent medication where available. However, there may be situations where a generic medication is not appropriate for you.

WHAT HAPPENS IF A BRAND NAME MEDICATION IS MEDICALLY NECESSARY?

If your physician determines that a brand name medication is medically necessary, they can complete a Request for Brand Name Drug Coverage form explaining why the generic alternative is not suitable. Canada Life will review the request and determine whether brand name coverage can be approved.

WHERE CAN I FIND THE FORM?

The **Request for Brand Name Drug Coverage** form has now been added to the *Benefits of Film* website and can be found on the Forms pages for both the [Active Plan](#) and [60+ Plan](#).



FSEAP Financial Coaching Support

CONFIDENTIAL ONE-TO-ONE SUPPORT DESIGNED TO HELP YOU BETTER UNDERSTAND AND MANAGE YOUR FINANCES.

WHAT IS CHANGING?

FSEAP has introduced a new Financial Empowerment one-to-one coaching service as an additional support resource for members. The service complements existing financial support offerings such as money management and credit/debt guidance.



WHAT CAN A FINANCIAL COACH HELP WITH?

A financial coach can support members with:

- Understanding their current financial situation
- Budgeting and cash flow planning
- Spending and saving habits
- Setting realistic financial goals
- Debt repayment strategies
- Building confidence around financial decisions

WHEN MIGHT THIS SUPPORT BE HELPFUL?

Financial coaching may be particularly helpful during major life changes, such as retirement planning, changes in income, welcoming a new family member, caregiving responsibilities, or unexpected life events.

HOW CAN I ACCESS THIS SERVICE?

Members can access this support through FSEAP by calling 1-800-667-0993 (available 24/7/365) or by visiting myfseap.ca and requesting a Financial Empowerment Coach when accessing services.

Website Access:
Password: 2bwell



Accessing Your Documents Hub

YOUR BOOKLETS, REPORTS, NEWSLETTERS AND RESOURCES ARE NOW EASIER TO FIND.

WHAT HAS CHANGED?

We have made updates to the *Benefits of Film* website to make commonly used information easier to find.

Members can now access all four plan booklets directly from the homepage. We have also added a new **Documents section** that brings important resources together in one place.

WHERE CAN I FIND THESE RESOURCES?

You can access the new Documents section in two ways:

- Through the Documents button on the homepage
- Through the Documents tab in the website navigation menu

The four plan booklets are also available directly from the homepage for quicker access.

WHAT CAN I FIND IN THE DOCUMENTS SECTION?

The Documents page includes a variety of important resources, including:

- Plan Booklets
- Annual Reports
- Brochures
- Member Communications
- Wellness Wire editions
- Other helpful documents and resources

HOMEPAGE

1

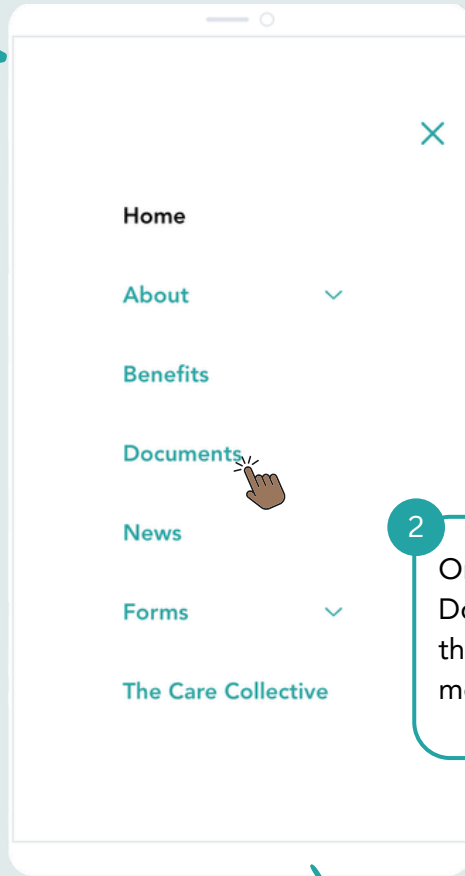
From the homepage, click the Documents button to go directly to the Documents page.



NAVIGATION MENU

2

Or click Documents in the navigation menu.



3

You'll land on the Documents page where you can find plan booklets, annual reports, brochures, member communications, Wellness Wire editions and other helpful resources.

DOCUMENTS PAGE





A Closer Look at Your Plan

Earlier this year, we introduced an initiative inviting department chairs to attend Trustee meetings for a short period and gain a closer look at how the Trust operates. Following the positive feedback from our first session, we recently welcomed a representative from the Construction Department to participate in a Trustee meeting.

These conversations continue to provide valuable opportunities to share perspectives, strengthen connections, and offer a closer look at the work taking place behind the scenes to support members and the long-term strength of the plan.

Here is what our recent participant had to say:

"I didn't know what to expect on my way there, but it was really nice to be so included. Being at that table and hearing about all the existing benefits and the thought put into them was very inspiring.

Considering I had almost zero understanding of the scope of a Trustee, everyone there was so welcoming and shared a great deal of information with me.

There is so much to offer for future planning, retirement, injury and illness preparation, and so much more. I look forward to learning more and helping our members know too."

(Edited for length and clarity)

*— Mia Johnson
Construction Department
IATSE Local 891*

The Care Collective

ARTICLES, PRACTICAL GUIDANCE, AND HELPFUL RESOURCES AVAILABLE ON THE BENEFITS OF FILM WEBSITE.

Did you know that *Benefits of Film* regularly publishes articles on our website through The Care Collective blog? It is a growing collection of practical information, updates, and resources designed to help members better understand and make the most of their benefits.

WHAT IS NEW THIS EDITION?

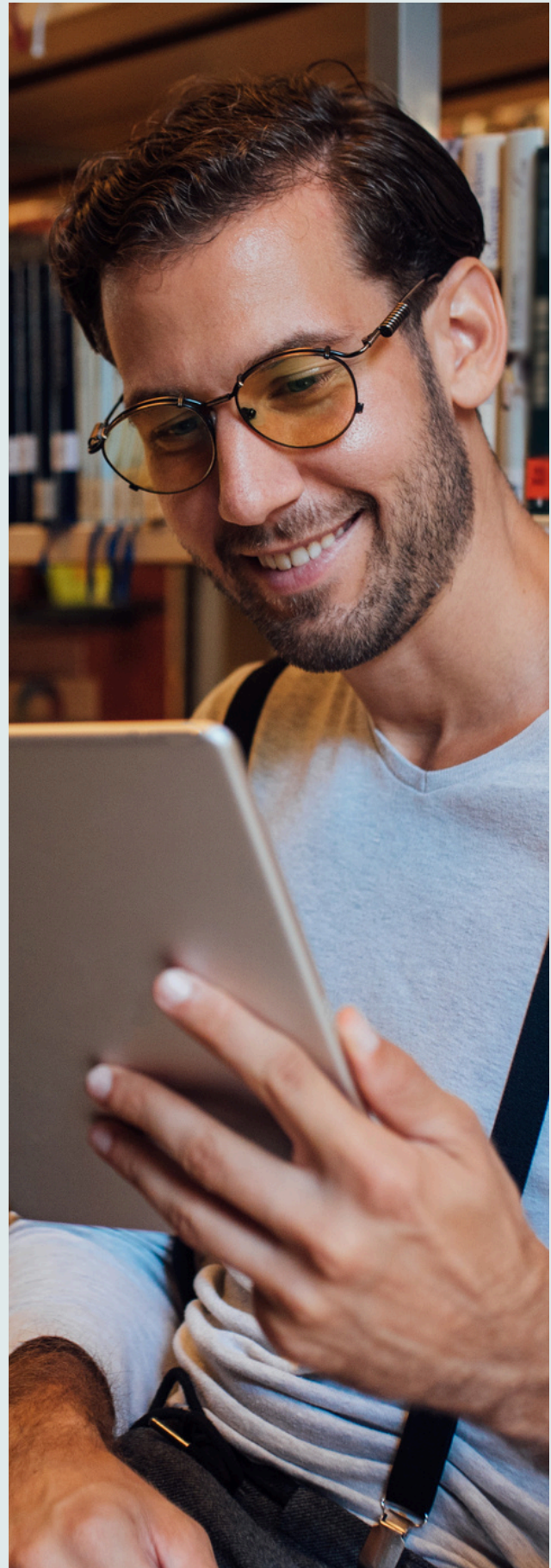
When Production Slows: How to Protect Your Benefits (and What to Do Early) explores hour banks, eligibility thresholds, shortage notices, self-pay options, and steps you can take early to help maintain your coverage.

Read the latest article:

[*When Production Slows: How to Protect Your Benefits \(and What to Do Early\)*](#)

Visit The Care Collective:

[*Explore the Blog on our Website*](#)



We're Now on Social Media

BENEFITS OF FILM IS NOW ON INSTAGRAM AND FACEBOOK.

These new channels give us another way to stay connected with members and share helpful information throughout the year. Whether you are looking for benefit reminders, coverage updates, wellness resources, or helpful tips, our goal is to make information easier to find and easier to understand.



WHY FOLLOW US?

- Stay informed about benefit updates and plan changes.
- Learn more about the benefits available to you and your family.
- Discover helpful resources, reminders, and wellness information.
- Keep up with new website content, guides, and member information.
- Connect with the Trust in a new and more meaningful way.

WHAT CAN YOU EXPECT TO SEE?

- Benefit education and awareness posts.
- Coverage reminders and important deadlines.
- News and updates from the Trust.
- Helpful resources and website features.
- Occasional behind-the-scenes insights into the work we do to support members.

We are just getting started and look forward to exploring the world of social media alongside our membership.

FOLLOW US TODAY:

Instagram: [@benefitsoffilm](#)

Facebook: [Benefits of Film](#)